

5th extended Rejtox network meeting
Drugs and recreational settings / open air music festivals
22 November 2016 @ EMCDDA, Lisbon, PT

Harm reduction related to legal issues at international festivals



Levente Móró
DAT2 Psy Help, Hungary



DÁT2 - Psy Help

“psycare”

“psychedelic support”

“PsyEm services”

- *specialized harm reduction*
- *handling psychedelics-related emergencies & spiritual crises*
- *42 volunteers (2 coordinators)*
- *from June 2013*
- *98 interventions in total*
- *Hungary (in Budapest: 70%)*
- *also international events*
- *also international helpers*



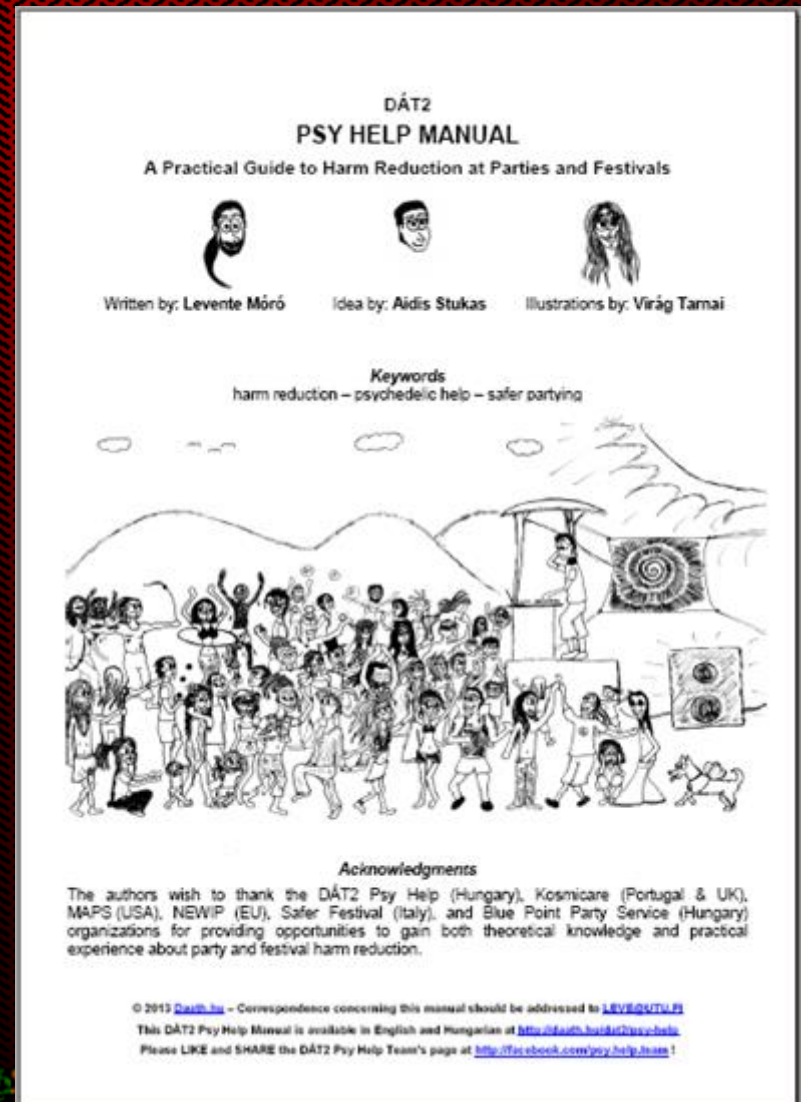
DÁT2 Psy Help team

DÁT2 Psy Help Manual

- *Written by: Levente Móró*
- *Idea by: Aidis Stukas*
- *Illustrations by: Virág Tarnai*
- *June 2013*
- *30 pages*
- *in English, Hungarian, Finnish*

<http://daath.hu/dat2/psy-help>

*Free training for 200+ volunteers:
Budapest (HU, Erasmus+),
Brno & Prague (CZ),
Helsinki (FI),
your city...?*



Safety challenges:

International festivals pose various safety challenges to organisers, visitors, authorities, and others involved.

- foreign location:
 - travelling, navigation, language, local traffic rules
- harsh environmental conditions:
 - health risks: sunburn, viral epidemics, low hygiene
- outdoor phenomena:
 - fire hazard, tent thefts
- psychoactive substance use (incl. alcohol)

Risks of psychoactive drug use



Impurities, dosing errors, misidentifications, drug interactions, pre-existing medical conditions, and/or a reckless attitude toward substance use

...may cause physical and/or mental discomfort

...with serious health consequences or accidents

Prevalence of drug use:

In particular, electronic music events are characterised by a significantly increased prevalence of drug use, which may relate to health troubles, legal issues, or both.

- substance group profiles by musical subgenre
- metal vs. hip-hop vs. trance vs. drum'n'bass
- manifold higher than in the average age group
- "glocal" (global local) drugs - also "visiting" drugs
- more alcohol -> more accidents & violence
- less alcohol & more drugs -> less violence
- more drugs -> more accidents
- no alcohol & no drugs -> no festival :)



Psycare tent @ Psy-Fi Festival (NL) 2015



Psycare space @ Psy-Fi Festival (NL) 2015

Case Documentation Forms

CASE # DAT2 Psy Help
Case Documentation Form

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Intervention: PSY-FI

TEAM
 HELPERS #1 LEVENTE #2 AMBRÁS G. #3 MARIO

CLIENT
 Gender male female
 Name _____
 Country _____
 Language GERMAN/ENGLISH

ADMISSION
 Date 30.8 Time 03:00
 Circumstances WALKED, RUNNING AND SHOUTING
 Condition NOT AWARE OF HIMSELF; NOT AGGRESSIVE

SUBSTANCES
 Type, amount, route, comments LSD (AND EMOTIONAL/FAMILY PROBLEMS)

WE HELD HIM DOWN, WITH OTHERS (5 OF US). HE TRIED TO LEAVE BUT EVENTUALLY GOT TIRED OF FIGHTING AGAINST. SECURITY CALLED AMBULANCE + POLICE. HE WAS PUT INTO AMBULANCE IN HANDCUFFS, IMMOBILIZATION MADE HIM RECOGNIZE AND SELF-CONSCIOUS AGAIN. FACED TOWNSHIP ESCORTED TO PSY CARE. CLOTHES, WATER, BLANKET, CONTINUOUS TALKING, CLEANING HIM UP, CHAIR.

CARE
 Methods SAVED HIM FROM THE OTHERS (MATERIAL)
 Materials _____
 Changes in condition CALMED DOWN TOTALLY, BUT DID NOT REMEMBER WHAT HE DID EARLIER

LEAVING
 Date 31.8 Time 05:30
 Circumstances ESCORTED BACK TO HIS TENT BY BOB THE DJ (NL)
 Condition BACK TO NORMAL
 Client's comments/feedback HE WAS THANKFUL

Contact card Yes No

CASE # DAT2 Psy Help
Case Documentation Form

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Intervention: _____

TEAM
 HELPERS #1 Harold #2 Basj

CLIENT
 Gender male female
 Name _____
 Country Germany
 Language Deutsch/German

ADMISSION
 Date 30.08 Time 02:50
 Circumstances friends came here to ask for help
 Condition first confused, then started screaming, later became violent

SUBSTANCES
 Type, amount, route, comments MDMA, KROBT.
WAS-BOME I -> he intended to have LSD -> decided not to be another unknown as before

CARE
 Methods fixing him on the floor to save him from all the others (Material)
 Materials _____
 Changes in condition Head Massage
calmed down when medical staff arrived

LEAVING
 Date 30.08 Time 05:00
 Circumstances friends took him with them
 Condition able to communicate
 Client's comments/feedback _____

Contact card Yes No

File Home Insert Page Layout Formulas Data Review **View** Tell me what you want to do Share

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Workbook Views: Normal, Page Break Preview, Page Layout, Custom Views
 Window: New Window, Arrange All, Freeze Panes, Split, Hide, Unhide, View Side by Side, Synchronous Scrolling, Reset Window Position, Switch Windows, Macros

A1 CASE #

	A	B	C	D	E	F	G	H	I	J	K	L
11	#10	p.10	8	Wulf	male		Germany	German	2015-08-28	13:30		laying down in front of the Alternative : counsuisness
12	#11	p.11	9	Dorien Serge	male		Netherlands	Dutch	2015-08-28	16:10	walked from chillout area with help from security	hurt himself physically, unable to star
13	#12	p.12	10	Luiz Paulo Joost	female		Netherlands	Dutch	2015-08-28	16:30	Very disoriented, in front of psy-care at first, brought in by food friends	Doesn't understand, very disoriented
14	#13	p.15	12	Jannik	male		France	French, English	2015-08-28	16:35	Security bring them in, can walk alone	sleep
15	#14	p.16	13	Kai Joost	female		Netherlands	Dutch	2015-08-28	16:45	obsesive on the Festival	stressed / feard (boyfriend)
16	#15	pp.17-18	14.15	Jannik	male		Israel	Hebrew, little English	2015-08-28	18:00	by sicurity, walk in by themself	disorientation test normal
17	#16	p.20	16	Dorien	male		Belgium	Dutch, English	2015-08-28	18:15	came in for sugar or mushroom stoppers	overwhelmed by truffle experience, ev
18	#17	p.21	17	Kai	female		Germany	German	2015-08-28	19:48		sad looking face, mind loops
19	#18	p.22	18		male		Germany	German	2015-08-28	20:00		
20	#19	p.23	19	Job	male		Netherlands	Dutch	2015-08-28	22:00	confused, has a psychotic friend who doesn't have a ticket	he seemed to be psychotic himself, t
21	#20	p.24	20	Jacob Hannelore	male		Germany		2015-08-28			tripping, very confused
22	#21	p.25	-	Juulia	male		Sweden	English, Swedish	2015-08-28	22:00	fear of death, panic, looping	psyhically alright
23	#22	p.26	21	Hannelore	male		Belgium	Dutch	2015-08-28	23:00	fear of flachbacks from old bad trip	
24	#23	p.27	-	Job	female		Germany		2015-08-28	23:45		half of a xtc pill, the effects were over Naked, running and shouting since 1:00 from not aware of himself, not aggressive

CDF | by country | by substance | (+)

Psy-Fi 2015 psycare / substances

32 LSD

14 MDMA

9 amphetamines

8 ketamine

7 cannabis

5 alcohol

5 mushrooms

4 magic truffles

3 GHB

2 2C-B

2 DOC

2 Salvia divinorum

1 25x-NBOMe

1 DMT

1 Ecstasy (MDMA)

1 space cake (cannabis)

1 HBWR seeds

1 kratom

1 LSE

1 MXE (methoxetamine)

Local drug regulations:

Visitors from abroad may be unaware of differences in the local drug legislation as compared to their home country's situation.

- What substances are controlled?
- Decriminalisation of use and possession?
- Limit of "small amount"?
- Citizenship country's legislation also applies!

Local drug regulations

- PT: all drugs use & poss. decrim'd, under conditions
- NL: cannabis use & poss. decrim'd only *de facto*
- CZ: some drugs use & poss. decrim'd, conditions
- administrative sanctions may apply
- regulations apply (type, amount, place, minors)
- additional limitations for foreigners
- minors (under 18) are a special case!

Legal status of drugs

Lack of knowledge about the legal statuses of now-available but yet untried or little-known drugs may lead to legal troubles.

- Internationally controlled narcotics
- Locally controlled NPS
- Generic or analogue legislation!

Legal rights as suspect:

International visitors may not know their own legal rights as a suspect.

- Police real or fake?
- Can I be searched?
- Am I suspect or witness?
- Can I be taken to the police station?
- Do I have to give a statement?
- Urine test mandatory or not?
- Right to a lawyer / interpreter / phone-call?
- How long can detention last?

Drug checking:

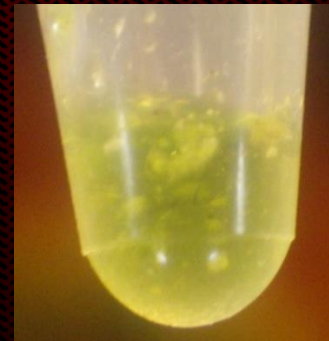
On-site drug checking services may also reduce the risk of unknowingly possessing controlled substances.

- Drug checking at festivals: PT, ES, UK
- Drug checking at parties: + CH, AT
- Quick field test: colorimetric reagents (Marquis)
- Chemical test: Thin Layer Chromatography (TLC)
- Precise instrument test: GC-MS, HPLC, NMR
- Only for drug-licensed legal entities!
- Taking/giving samples can be seen as a crime!
- Some circumventions occur

Drug checking / Marquis



- Tells what is NOT in the sample
- Suits well for Ecstasy pill testing
- MDMA / amphetamines / 2C-B
- not quantitative, not multi-drug



Post-detention aid:

Post-detention legal aid (also psychological help!) may be useful for international visitors.

- Getting back to the festival
- Travelling home - confiscation of ID?
- Paying fine
- Legal process in a foreign country
- Re-entering the country
- Diversion program - language barrier

Legal responsibility of helpers

- Taking/giving drugs for checking
- Possessing of lost-and-found drugs
- Providing clean needles & syringes
- Volunteer agreement (occupational law)
- Insurance for mistreatment accusation
- Insurance for being injured in work
- Taxation issues (as a foreign tax-payer)

Legal harm reduction To-Do:

- International info on local drug situation:
 - recent warnings; Ecstasy pill info; event drug situation
- International info on local drug regulation
 - substance types; "small amount" limit; permitted conditions
- International info on local legal rights:
 - rights as a suspect; legal process as a foreigner
- Do legal stuff as a volunteer!
- Only licensed drug checking!

Approach:

HUMAN RIGHTS & PUBLIC HEALTH

Thank you for your attention
&
have a legally safe festival! :)

LEVE@UTU.FI

