

NIGHTS 2017 Berlin – STADT NACH ACHT conference

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Picture	Please send us a picture with min. 260x162 px	
Language Skills	♦ German English ♦ German/English	

Night Time Conference Berlin, 9 – 11 November 2017



Individual
Portrait
(max. 50 words)

Levente Móró obtained his PhD at the University of Turku, Finland, on the topic of hallucinatory altered states of consciousness. Besides academic research and drug expert work on psychedelics and new psychoactive substances, he coordinates DÁT2 Psy Help, a party/festival harm reduction and crisis intervention volunteer team in Budapest, Hungary.

Information about your contribution	
Title	Crisis Intervention at Psychedelic Festivals
Co-Authors	-
Technical needs (internet, sound etc.)	Just a projector ☺

Abstract (max. 200 words):

Psychedelic festivals pose extra safety risks due to drug impurities, dosing errors, misidentifications, drug interactions, medical conditions, or reckless attitude. Harm reduction services include water distribution, substance information, first aid, psychological help, and drug checking. While hallucinogens (LSD, DMT, psilocybin, mescaline, etc). may cause life-enriching experiences in an ideal "set" and "setting", temporary alterations of consciousness may turn into a "bad trip", "psychedelic emergency", or "spiritual crisis". Specially trained harm reduction teams ("psychedelic support", "psycare") intervene in psychedelics-related problematic situations. In my presentation, I introduce harm reduction and psycare services, discuss psychological suitability for psycare work, and describe psychedelic consciousness alteration. I also summarise methods to help people with difficult experiences, and present example cases and data collected at international festivals by our psycare team, DÁT2 Psy Help in Hungary.